**Proclamation**

**National Suicide Prevention Week**

WHEREAS, the week of September 5th through 11th, 2021 is National Suicide Prevention Week, a time in which individuals, organizations and communities around the country join their voices to amplify the message that suicide can be prevented; and

WHEREAS, the past year has presented our communities with challenges and led to transitions that, expected or unexpected, welcomed or not, can be unsettling, disorienting, and stressful; and

WHEREAS, the pandemic has changed our fabric of life, and major life changes are environmental risk factors for suicide; and

WHEREAS, knowing the signs of suicide, finding the words to communicate with someone they are concerned about, and reaching out to local resources; and

WHEREAS, we know that connecting, working with, and supporting one another can help prepare us for the future; and

WHEREAS, all Californians are urged to play a role in suicide prevention and promote mental health and wellness as we strive towards zero suicides; and

WHEREAS, September 5th through 11th recognized across the United States as Suicide Prevention Week provides the opportunity to educate our community about the warning signs for suicide and how to reach out and connect to those experiencing an emotional crisis; NOW, THEREFORE,

BE IT PROCLAIMED, by \_\_\_\_\_\_\_\_\_\_ and all members of the \_\_\_\_\_\_\_\_\_ County Board of Supervisors on this \_\_\_\_\_ Day of September, 2021, that the week of September 5th through 11th, 2021 be declared ‘SUICIDE PREVENTION WEEK’ and that the day of September 10th be declared ‘WORLD SUICIDE PREVENTION DAY’.